The Healthy Families Arizona program (HFAz) was established in 1991 by the Arizona Department of Child Safety. HFAz helps expectant and new parents get their children off to a healthy start, with the ultimate goal of reducing child abuse and neglect. Families receive home visits by trained staff who connect them to important community resources.

The US Department of Health and Human Services has designated the program as "evidence-based".

HFAz Serves Families With Exceptional Needs

<table>
<thead>
<tr>
<th></th>
<th>HFAz Families Rates</th>
<th>Arizona Rates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Teen Mothers</td>
<td>13%</td>
<td>8%</td>
</tr>
<tr>
<td>Single Parents</td>
<td>72%</td>
<td>45%</td>
</tr>
<tr>
<td>Not Employed</td>
<td>73%</td>
<td>44%</td>
</tr>
<tr>
<td>Less Than HS Edu.</td>
<td>32%</td>
<td>20%</td>
</tr>
<tr>
<td>No Health Insurance</td>
<td>6%</td>
<td>4%</td>
</tr>
<tr>
<td>Receives AHCCCS</td>
<td>81%</td>
<td>53%</td>
</tr>
<tr>
<td>Late or No Prenatal Care</td>
<td>33%</td>
<td>15%</td>
</tr>
<tr>
<td>Median Yearly Income</td>
<td>12k</td>
<td>51k</td>
</tr>
</tbody>
</table>

96% of families participating in HFAz had no substantiated cases of child abuse and neglect during this program year.

HFAz continues to support the goal of increasing the immunization rates of infants. At the 12 month data collection point, 89.4% of HFAz children were up to date on their immunizations.

Outcomes for Families

Maternal Employment
27% of mothers were employed part or full time at the time of their child’s birth. 2 years later, 46% of mothers were employed part or full time.

Maternal Education
11% of mothers were enrolled in school in the first year of their child’s life.

Parental Substance Use
96% of families receive substance abuse screening. At one year post enrollment 7.8% report substance use.

Household Safety
Unintentional injury is a leading cause of death for youth children. HFAz helps prevent these incidents by encouraging safety practices. 99.8% used car seats. 98.6% have poisons locked up in their homes. 93.7% have working smoke alarms in their homes.

HFPI

The Healthy Families Parenting Inventory measures those domains that have been demonstrated to be most critical to preventing child abuse and neglect. Families who were a part of Healthy Families Arizona reported positive outcomes across multiple domains.

Improvements in:
- depression
- parent/child behavior
- parenting efficacy
- personal care
- mobilizing resources
- problem solving
- home environment
- commitment to parenting role
For more information, refer to the full evaluation report


or contact:

Healthy Families Arizona
Arizona Department of Child Safety
3003 N. Central Ave
Phoenix, AZ 85012
Ph: (602) 255-2500

LeCroy & Milligan Associates, Inc.
2002 N. Forbes Blvd. Suite 108
Tucson, AZ 85745
Ph: (520) 326-5154
Fax: (520) 326-5155
www.lecroymilligan.com