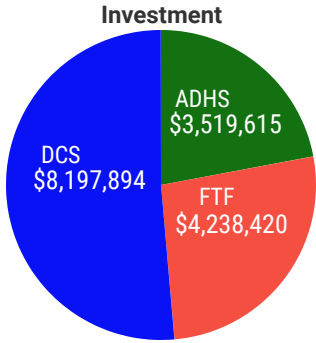


# HEALTHY FAMILIES ARIZONA 2018 EVALUATION HIGHLIGHTS

The **Healthy Families Arizona program (HFAz)** was established in 1991 by the Arizona Department of Child Safety. The U.S. Department of Health and Human Services has designated the program as "evidence-based."



**HFAz** helps expectant and new parents get their children off to a healthy start, with the ultimate goal of reducing child abuse and neglect. Families receive home visits by trained staff who connect them to important community resources and provide child development coaching and education.

## HFAz Reaches Families with High Needs

HFAz rates		AZ state rates
11%	Teen mothers	7%
72%	Single parent	48%
73%	Not employed	34%
32%	Less than high school education	18%
9%	No health insurance	5%
78%	Receives AHCCCS	52%
34%	Late or no prenatal care	8%
\$13K	Median yearly income	\$56K

## HFAz Leads to OUTCOMES FOR CHILDREN

### Infant Birth Health

HFAz works to enroll mothers early. Families who enroll before birth had fewer incidents of low birth weight and premature birth.



### Developmental Screens

HFAz ensures timely screening. More than 94% of children received timely developmental screens in their first year of life.



### Immunizations

HFAz supports increased immunizations. At 12 months, 92% of children were up to date with their immunizations.



### Drug/Alcohol Screening

15% of infants enrolled after birth had positive alcohol- or drug-exposure screens. 40% of families enter the program with a history of substance use. One year after enrollment, only 6% report substance abuse.



### Child Safety

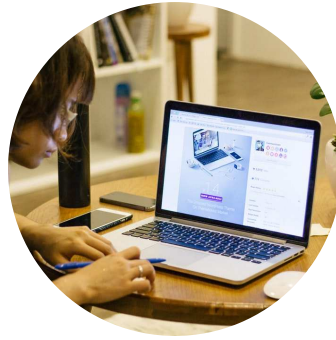
96% of families participating in HFAz had no substantiated reports of child abuse and neglect in 2018.



# OUTCOMES FOR FAMILIES



27% of HFAz mothers were employed full- or part-time at their child's birth. Two years later, 47% were employed.



21% of HFAz mothers enrolled in classes or completed more education during the first year of their child's life.



More than 40% of fathers are involved in the HFAz program.

With the help of HFAz, homes are safer and infant injuries are avoided.

At one year:

- 99% used car seats
- 96% have locked up poisons
- 92% have working smoke detectors



**The Healthy Families Parenting Inventory (HFPI)** measures parent behaviors and attitudes that have been demonstrated to be crucial to preventing abuse and neglect. Families who were part of HFAz reported positive outcomes across multiple domains.

**For more information, refer to the full evaluation report.**

LeCroy & Milligan Associates, Inc. (2018)  
**Healthy Families Arizona  
Annual Evaluation Report 2018**

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## IMPROVEMENTS IN:

- PERSONAL CARE**
- DEPRESSION**
- PARENT/CHILD INTERACTION**
- PARENTING EFFICACY**
- PROBLEM-SOLVING**
- HOME ENVIRONMENT**
- PARENT SATISFACTION**
- MOBILIZING RESOURCES**